

Cheng Ming Martial Arts Demonstration Program

★11a.m. – 12p.m. (opening 10:30a.m.)

Demonstrations of each branches of Chinese Martial Arts International Cheng Ming Association Fuchukan and Fuchukan II.

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|------------------------------|---------------------------------------|------------------------------------|
| 1 Momijigaoka Branch | Tai Chi Chuan 1 st section | Chan Chuan 1 st section |
| 2 Minamicho Branch | Tai Chi Chuan 2 nd section | 24 Guai |
| 3 Hommachi Branch | Tai Chi Chuan 7 th section | Xing Yi Jian |
| 4 Sakaecho Branch | Tai Chi Chuan 4 th section | Wu Xing Chuan |
| 5 Women's center Branch | Tai Chi Chuan 3 rd section | |
| | Wu Xing Xiang Sheng & Ji Xing Shi Ba | |
| 6 Beginners of Each Branches | Tai Chi Chuan 1 st section | |

★1:30 – 3:00 (opening 1p.m.)

Demonstrations of Cheng Ming Martial Arts Techniques

Demonstrators are Director Ozawa, Chief instructor Mochizuki, Ezawa instructor, Yamada instructor, Kobayashi leader of Hommachi Branch, and the others. **We'll have the special guest from Melbourne in Australia. Director of Wattle Glen School in Australia is Mrs. Miriam Rosewarne.**

Tai Chi Chuan Series:

- 1 Cheng Ming Tai Chi Chuan

Xing Yi Chuan Series:

- 2 Wu Xing Chuan
- 3 Shi Er Xing
- 4 Swallow form & Ba Shi
- 5 Wu Xing Xiang Sheng & Ji Xing Shi Ba
- 6 Dragon form & Lian Huan
- 7 Monkey form & Shi Er Heng Chui
- 8 Za Shi Chui

Apparatus Series:

- 9 24 Guai
- 10 Xing Yi Guen(Cudgel)
- 11 Tai Chi Jian
- 12 Xing Yi Dao(Broad Sword)
- 13 Chun Yang Jian
- 14 Xing Yi Wu Lang Guen
- 15 Ba Gua Guen

Ba Gua Zhang Series:

- 16 Ba Mo Zhang
- 17 Lian Huan Zhang
- 18 Bian Huan Zhang